

# Kid's Yoga



## 2 - 4 Year Olds

Yoga for little kids is fun and helpful for children whose bodies are rapidly developing. The use of animated poses and basic stretching exercises promote strength, flexibility, coordination and body awareness. Kids will improve concentration and focus, stimulate their imagination and help to release energy in a fun safe environment.

**STARTING JUNE 5, 2007**

**TUESDAY 11:00 - 12:00 PM**

Daily	5 Class	10 Class	20 Class	1 Year
12	55	100	180	300



841 Lincoln Road [www.brownesbeauty.com](http://www.brownesbeauty.com) 305.538.7544 x 312

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